



# 2017 TORONTO PRO SUPERSHOW IFBB CHAMPIONSHIPS

## ATHLETES INFORMATION PACKAGE

### Website

<http://www.torontoprosupershow.com/>  
→Events →IFBB Championships

### Venue

Metro Toronto Convention Centre  
John Bassett Theatre  
255 Front Street West, Toronto, Ontario

### Promoter

Ron Hache  
[ifbbshowproducer@torontoprosupershow.com](mailto:ifbbshowproducer@torontoprosupershow.com)  
1-(888) 883-5766 ext. 4

### Recommended Host Hotels

#### **Intercontinental Toronto Centre:**

225 Front Street West, Toronto  
\$219. Standard Room-Two beds (plus taxes)  
\$249. King Feature or Two Beds Feature (plus taxes)  
\$259. Jr. Suite (plus taxes)  
\$289. Club (plus taxes)  
Attached to the Metro Toronto Convention Centre  
Microwaves in Boardroom on Main Floor  
Complimentary internet connection  
Parking: Valet Parking - \$45 per day  
MTCC Parking - 24 hour max rate \$30.  
To book a room call: 1-800-235-4670 and quote  
"Toronto Pro SuperShow" or to [Book Online](#)  
Cut-off date April 28, 2017

#### **Strathcona Hotel Downtown Toronto**

60 York Street, Toronto  
\$155. (Plus taxes) - Standard Room  
\$175 to \$185 (plus taxes), Executive Room  
Located within a 5-8 minute walk from venue  
Fridge and Microwave available for rental  
Complimentary internet connection  
To book a room call 416-363-3321 and quote Toronto  
Pro SuperShow or visit  
<http://www.thestrathconahotel.com>(click on  
Reservations, type Promo Code – torontoprosupershow)  
Parking – Valet Parking \$39 (plus taxes) for 24 hrs. with  
in/out privileges  
- Nearby Public Parking \$30 for 24 hours  
Book before cut-off date April 26, 2017

#### **Hilton Garden Inn Toronto Downtown**

92 Peter Street, Toronto  
\$239. (plus taxes), mini-fridge, microwave & Keurig  
Coffee Maker  
Located within a 8 to 10 minute walk from the venue  
Complimentary high speed internet access.  
Parking – Valet \$42.48 (plus taxes) per night with  
in/out privileges. Public parking facilities surround the  
hotel and offer self-parking options ranging from \$12  
to \$40.  
To book a room call 416-593-9200 and quote "Toronto  
Pro SuperShow Group" or click here to [Book Online](#)  
Book before cut-off date May 5, 2017

#### **Hilton Toronto**

145 Richmond Street West, Toronto  
\$ 219. (plus taxes) Hilton Guestroom  
Located within a 8 to 10 minute walk from the venue  
Complimentary standard Wi-Fi in all contracted  
guestrooms  
To book a room call 1-800-HILTONS and request  
Toronto Pro SuperShow group rate or click to [Book  
Online](#).  
Parking –Valet \$40 - 24 hours, with in & out privileges;  
-\$30 - Day Rate - NO in & out privileges  
-Self Park – Mon. – Fri., 7am to 6 pm: \$280;  
- Mon.–Sun. & Holidays, 6pm to 7 am: \$10.  
- Sat., Sun. & Holidays, 7 am to 6 pm: \$10.  
Lost ticket charge \$40.  
Book before cut-off date of April 28, 2017.

### Travelling to Toronto

- WestJet Airlines offers a 10% discount off the base fare for travel to Toronto and anywhere WestJet flies in North America for persons attending the Toronto Pro SuperShow. To book call 1-888-493-7853 using Promo Code YYZ01 and coupon code TIFXYW1 for [Online Booking](#).





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- Porter Airlines offers a 10% discount on all available base fares for attendees travelling to Toronto for the Toronto Pro SuperShow. To book call 1-888-619-8622 or [Book Online](#) using the promo code **TPSS17**. Porter air is highly recommended as it lands 5 minutes from the venue.
- If you require assistance getting to Toronto; contact the Toronto Pro SuperShow Official Travel Agent Monique (705) 694-2007 or [travelwithmonique@torontoproshow.com](mailto:travelwithmonique@torontoproshow.com)
- **NEW** -- Union Pearson Train Express (UP Express) connects from inside Toronto Pearson International Airport to Union Station in the heart of downtown Toronto which is next to the host hotel and the Metro Toronto Convention Centre. The UP Express trains depart from inside Terminal 1 every 15 minutes between 5:27 am and 12:57 am. The UP Express Station train is a short 25-minute ride to the Union Station just steps from our host hotels as well as the Metro Toronto Convention Centre where the Toronto Pro SuperShow is being held. Visit [UPexpress.com](http://UPexpress.com) for full details. Toronto Pro SuperShow has secured group rate of \$9 per person one way (credit card payment only). For a discounted rate, see an Express Guest Services Representative in Terminal 1, Pearson Airport Station and show proof of attendance of the Toronto Pro SuperShow. Alternatively you can purchase tickets in advance online (regular rates apply).

### Notes on Tanning & Tanning Products

#### Remember Tanning Stains!

- Avoid being charged an additional cost for damage at your hotel. Upon request, all host hotels will provide old towels and bed linens.
- When leaving the backstage area be sure to cover up to avoid staining the walls, chairs and carpet at the John Bassett Theatre. Failure to do so may result in disqualification.
- Tanning in the hallways and other public places is not permitted.

#### Banned Spray Substances

Banned spray substances such as Pam and Hot Stuff cannot be used and may result in disqualification.

#### Official Tanner & Makeup

We have arranged for ABSOLUTE TOUCH to have a secured space in the host hotel and venue for spray tan, hair and makeup services. Be prepared and make sure you have reserved your tan, hair and make-up appointments.

#### Book Online

**No one else is permitted to perform spray tanning in the host hotel or in the venue!**

For more information contact [absolutetouchinc@gmail.com](mailto:absolutetouchinc@gmail.com)

#### Registration

To register please contact IFBB Pro League at [ifbbproleague@aol.com](mailto:ifbbproleague@aol.com)

#### Weigh-In / Athletes Meeting

**IFBB Pro Women's Meeting (Bodybuilding, Physique, Figure, Fitness and Bikini)**

Friday, May 26, 2017

Metro Toronto Convention Centre  
Room 201 B&D

**6:00 pm sharp**

**IFBB Pro Men's Meeting (Bodybuilding Open and Bodybuilding 212, Men's Classic Physique, Men's Bodybuilding –Wheelchair; Men's Physique)**

Friday, May 26, 2017

Metro Toronto Convention Centre  
Room 201 B&D

**7:00 pm sharp**





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#### Music

##### **Bodybuilders, Women's Physique, Men's Classic**

**Physique & Fitness:** Music CD will be collected at the registration. Please bring a backup CD with you backstage during the show. Music must be recorded on a CD and end or fade within the appropriate allotted time of 3 minutes. Music with coarse language is not permitted.

#### Athlete Perks

1. Complementary 2 day access to the Toronto Pro SuperShow EXPO;
2. Complementary Backstage Massage will be offered by the Mobile Massage Therapy Crew;
3. Athletes are permitted to sit in unsold seats to view the Toronto Pro SuperShow IFBB Championships; and
4. A complementary ticket to the Judging and Finals for a guest.

#### Toronto PRO SuperShow IFBB PRO Championships

#### SATURDAY EVENTS

##### **EXPO STAGE**

##### **Saturday, May 27, 2017 at 9:15 a.m.**

- IFBB PRO Women Fitness Round One;
- IFBB PRO Women's Bikini Round One
- IFBB PRO Women's Figure Round One
- IFBB PRO Women's Physique Round One
- IFBB PRO Women's Bodybuilding Round One
- IFBB PRO Men's Physique Round One
- IFBB Pro Men's Classic Physique Round One
- IFBB PRO Men's 212 Bodybuilding Round One
- IFBB Pro Men's Bodybuilding- Wheelchair Round One

##### **JOHN BASSETT THEATRE**

##### **Saturday, May 27, 2017, 2016 at 6:00 p.m.**

- IFBB Pro Women's Fitness Routines
- IFBB Pro Men's Open Bodybuilding Round One
- IFBB PRO Women's Bodybuilding Posing Routines and Confirmation Round
- IFBB Pro Women's Fitness Confirmation Round and Awards Presentation

##### **8:00 p.m. (estimated time)**

- IFBB Pro Bikini Confirmation Round and Awards Presentation
- IFBB PRO Women's Bodybuilding Posedown and Award Presentation
- IFBB PRO Men's Bodybuilding 212 Posing Routines and Confirmation Round
- IFBB PRO Women's Figure Confirmation Round and Awards Presentation
- IFBB PRO Open Men's Open Bodybuilding Posing Routines and Confirmation Round
- IFBB Pro 212 Pose Down and Award Presentation
- IFBB PRO Men's Open Pose Down and Award Presentation
  
- **EXPO STAGE**
- **Sunday, May 28, 2017, 9:15 a.m.**
- IFBB PRO Women's Physique Posing Routine and Confirmation Round
- IFBB PRO Men's Physique Confirmation Round and Awards Presentations
- IFBB PRO Men's Classic Physique Posing Routine and Confirmation Round
- IFBB Pro Men's Bodybuilding-Wheelchair Posing Routine and Confirmation Round
- IFBB PRO Women's Physique Posedown & Award Presentation
- IFBB PRO Men's Classic Physique Posedown & Award Presentation
- IFBB Pro Men's Bodybuilding-Wheelchair Posedown and Award Presentation

#### Backstage Pass

A limited amount of backstage passes will be sold. Backstage Passes will be sold for \$200. The backstage Pass will allow entry backstage to the IFBB Saturday Show and two day access to the Toronto Pro SuperShow Expo. Backstage passes will be sold online, in advance until Monday, May 22, 2017. Pick up backstage pass at the Pro Athlete Registration and meeting on Friday, May 26, 2017. Order online by email: [info@torontoprosupershow.com](mailto:info@torontoprosupershow.com). Back stage passes will be sold on-site during the registration for \$250.00





## 2017 TORONTO PRO SUPERSHOW IFBB CHAMPIONSHIPS ATHLETES INFORMATION PACKAGE

### Tickets

Be sure to have your friends and family purchase their tickets in advance to save.

#### **2017 GNC/Allmax Toronto Pro SuperShow IFBB Championships**

**Saturday, May 27, 2017 – 9 a.m.**

**Sunday, May 28, 2017 – 9 a.m.**

**Metro Toronto Convention Centre, Exhibit Halls A & B, EXPO Stage**

\$20/ day in advance; \$25/day at the door - General Admission

#### **2017 GNC/Allmax Toronto Pro SuperShow IFBB Saturday Night Championships**

**Saturday, May 27, 2017 – 6:00 pm**

**John Bassett Theatre - Reserved Seating**

\$82. – \$96 plus HST

[Purchase Tickets Online](#)

Or

Purchase Tickets through Box Office

1-888-883-5766, Ext.1

